

Wisdom Tooth Formation as a Method of Estimating Age in a New Zealand Population

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ABSTRACT Dental ageing relies on assumptions about the progression of tooth development from the middle trimester to adulthood and relative stability of this process in the face of adverse dietary, hormonal, disease or nutritional factors. Most studies of dental ageing employ the method of Demirjian *et al.*, (1973), which is based upon an assessment of crown and root formation stages from dental radiographs. Unfortunately, this method has a ceiling effect at age 16, when the second molar attains full maturity. The aim of our study was to extend the window of ageing by using the development of the third molar teeth. Panoramic radiographs of 207 (105 males) children aged between 7 years, 6 months and 18 years formed the basis of this study. Upper and lower left wisdom teeth were scored according to Demirjian *et*

al. (1973) by a single examiner. Intra-examiner reliability was evaluated by repeat scoring of a randomly selected (10%) sample one week after the initial staging. These showed a consistency of 76% for the mandibular data and 95% for the maxillary data, giving an overall percentage of 85%. When the re-scored teeth were not consistent with their original score, this differed only by one stage. In this population males were advanced in their third molar development and this trend was more marked for maxillary than mandibular wisdom teeth. Hence, the New Zealand population examined, males were more advanced in their third molar development and this trend was more marked for maxillary than mandibular teeth. *Dental Anthropology* 2011;24(2):33-41.

Tooth formation is a developmental process that is thought to be less influenced by environmental insults than other markers of development and is thus regarded to be an accurate method for estimating chronological age (Demirjian *et al.*, 1985). A substantial body of research by the same author into the timing of development of the dentition has focused on well-described stages applied to large samples (Demirjian *et al.*, 1973; Demirjian and Goldstein, 1976; Demirjian and Levesque, 1980; Demirjian, 1994). Our earlier research into dental ageing of New Zealand populations used Demirjian's method to record standards for dental development in European, Pacific Island and Maori children (Kieser *et al.*, 2008; TeMoananui *et al.*, 2008a, 2008b). More recently, we contrasted the use of Demirjian's method with that of Cameriere and co-workers (2006). While we found that both the methods reliably predicted chronological age in children aged 7-17 years, a disadvantage of using the Cameriere method was that all seven teeth reached maturity at 13.69 and 14.06 years in females and males, respectively, compared to age 16 using Demirjian (Timmins *et al.*, 2011). Because neither method predicted age beyond 16 years, we decided to evaluate the usefulness of the Demirjian method when applied to third molar development in the same population sample.

MATERIALS AND METHODS

We sourced a total of 207 panoramic radiographs of children aged between 7 years, 6 months and 18 years from various orthodontic clinics throughout New Zealand, described previously (Timmins *et al.*, 2011). Photographic images of the radiographs were captured using a Canon IXUS 870IS 10 mega-pixel camera with a 28 mm wide-angle lens and optical image stabilizer. The sex distribution of our sample was 105 males to 102 females. There were 20 participants (10 male and 10 female) in each age category up to age 17, but in the category for age 18 there were two females and five males. Some radiographs had to be excluded because the wisdom tooth of interest had been cropped out of the picture, the radiographic quality was too poor to adequately score the tooth, or the wisdom tooth had not yet started to develop and it was deemed to be congenitally missing. If the second molar displays parallel root canal spaces and the apex is half closed (converging root canal apices) or fully closed, then

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it is highly likely the third molar is congenitally missing and will not develop. If the second molar is less mature than this, then it is still possible that the third molar might develop. Armed with this knowledge we were able to exclude those whose wisdom teeth were congenitally missing from our data set. After all exclusions, we were left with 193 radiographs for the lower left wisdom teeth and 180 radiographs for the upper left wisdom teeth, a full breakdown of the age and sex distribution of our final sample can be found in Table 1.

The upper and lower left wisdom tooth was scored according to a modified version of Demirjian *et al.* (1973) for staging the formation of the dentition, as illustrated in Figure 1. A single examiner evaluated both the upper and lower left wisdom teeth according to these criteria using a standard zoom facility with contrast enhancement. When we were unable to score the wisdom tooth of interest because the photograph had been cropped, the antimere was scored instead when visible.

We examined intra-examiner reliability by repeating the scoring for a randomly selected 10% of the sample one week after the initial staging. For statistical analysis of the data set, age for each individual was recorded to two decimal places to allow for more accurate analysis of the correlation between chronological and dental age. The prediction of age from maturity status was done using polynomial regression with linear, quadratic and cubic terms. This required the assumption that the maturity stages are equally spaced.

- 0 Crypt outline visible, no calcification.
- A Calcification seen, no fusion of points.
- B Fusion of calcified points.
- C Enamel formation complete, crown $\frac{1}{2}$ formed, pulp chamber curved.
- D Crown formation is complete, pulp chamber is trapezoidal, root formation commenced.
- E Radicular bifurcation observed; root length

less than crown height.

- F Root endings flared; root length at least equal to crown height.
- G Root canal walls parallel, apices open.
- H Apex closed, uniform periodontal space.

RESULTS

Intra-observer validity tests showed a consistency of 76% for the mandibular data and 95% for the maxillary data, giving an overall percentage of 85%. When the re-scored teeth were not consistent with their original score, this differed only by one stage.

In this population, it appears that males are advanced in their third molar development as can be seen by the mean age of each developmental stage, this is more marked for maxillary wisdom teeth than mandibular wisdom teeth. After age 15, no stage lower than stage "C" was observed for both mandibular and maxillary wisdom teeth and thus it can be hypothesized that in this population the presence of wisdom teeth at stage B or lower is indicative of age <15 (Tables 2, 3). Stage "F" was observed in only one individual below the age of 16, thus if stage "F" is observed in an individual, it is highly likely that the individual is 16 years or older.

A considerable amount of disagreement existed between the staging of the mandibular wisdom tooth and the staging of the maxillary wisdom tooth and this disagreement was statistically significant (Table 4).

Figures 2 and 3 show actual age of male and female participants as a function of the developmental scores for mandibular and maxillary wisdom teeth respectively. Confidence intervals (95%) are given by the dotted lines. It is clear that females develop faster than males. Figures 4 and 5 show box-and-whisker plots of Demirjian's dental stages as well and chronological ages for mandibular and maxillary teeth in males and females. Outliers are depicted as small circles. Again, it is evident that boys

TABLE 2. Maxillary staging by chronological year of age

Stage	8	9	10	11	12	13	14	15	16	17	18	Total
Size												
size:	15	15	6	4	6	2	1	-	-	-	-	49
A	2	1	3	-	-	-	-	-	-	-	-	6
B	2	4	5	1	4	3	1	-	-	-	-	19
C	-	-	3	6	5	3	6	2	1	2	-	28
D	-	-	1	5	3	10	7	8	6	5	-	45
E	-	-	-	-	1	1	1	5	6	2	-	16
F	-	-	-	-	-	-	-	-	4	4	1	9
G	-	-	-	-	-	-	-	-	-	3	4	7
H	-	-	-	-	-	-	-	-	-	-	1	1
total	19	20	18	16	19	19	19	18	18	20	7	180

Fig. 1. Modified staging method based on Demirjian *et al.* (1973).

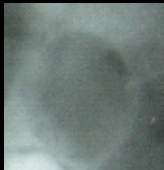
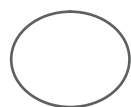






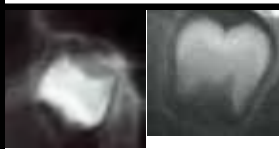

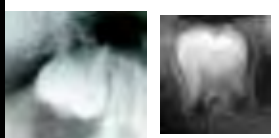

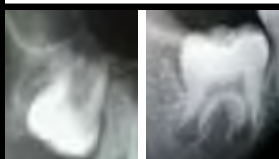

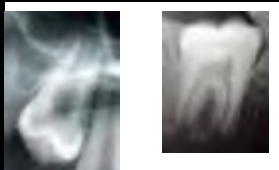

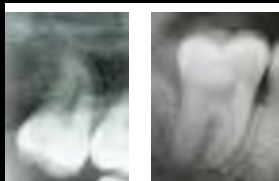

0			Outline visible, no calcification.
A			Calcification seen, no fusion of points.
B			Fusion of calcified points.
C			Enamel formation complete, crown $\frac{1}{2}$ formed, pulp chamber curved.
D			Crown formation is complete, pulp chamber is trapezoidal, root formation commenced.
E			Radicular bifurcation observed; root length < crown height.
F			Root endings flared; root length \geq crown height.
G			Root canal walls parallel, apices open
H			Apex closed, uniform periodontal space.

TABLE 3. Mandibular staging by chronological year of age

Stage	8	9	10	11	12	13	14	15	16	17	18	Total
Sample size:	15	9	6	4	5	1	6	-	-	-	-	46
O	1	2	3	2	1	-	-	-	-	-	-	9
A	4	7	1	2	2	1	1	-	-	-	-	18
B	-	2	7	5	6	1	-	-	-	-	-	21
C	-	-	2	5	2	12	5	6	4	1	1	38
D	-	-	-	2	3	5	4	7	5	4	-	30
E	-	-	-	-	1	-	3	5	5	5	3	22
F	-	-	-	-	-	-	1	-	1	2	1	5
G	-	-	-	-	-	-	-	-	1	2	1	4
H	-	-	-	-	-	-	-	-	-	-	-	0
total	20	20	19	20	20	20	20	18	16	14	6	193

develop later than girls.

DISCUSSION

From these data, New Zealand population-specific prediction charts were developed to aid estimation of chronological age from wisdom tooth stage as shown in Figures 4 and 5. Normal development charts were also generated to aid orthodontic treatment planning to determine whether an individual's development is normal, advanced or delayed (Figs. 2 and 3). It must be noted, however, that these charts assume there is an equal distance between each of the stages; that is, the time difference between A and B is the same as the difference between D and E. It is highly likely that this is not the case, and these stages may in fact be staggered with one lasting only a few months and others maybe lasting a few years. Hägg and Matsson (1985) observed that earlier stages of tooth formation were generally of shorter duration than

later stages with regard to teeth 41 through to 47 (FDI scoring system), and this is likely to be the case also with regard to the third molar.

Gunst *et al.* (2003) set out to calculate the chronological age of Belgian Caucasian individuals based on the development of the third molars using a 10-stage developmental scoring method proposed by Kohler and co-workers (1994). They found a slight sexual dimorphism with relation to timing of the stages (males had a younger mean age for each stage), and a trend for earlier development in maxillary third molars compared to mandibular. Generally, however, the relationship between chronological age and dental age of the third molars has been investigated using variations of Demirjian's stages. In 2004, Arany *et al.* used Demirjian's stages to estimate the probability of a Japanese adolescent being over the ages of 14, 16 and 20 (the relevant ages as determined by Japanese juvenile law). This study found

TABLE 4. Mandibular versus maxillary staging

		Maxillary stage								Total
Grade	O	A	B	C	D	E	F	G	H	
Mandibular stage	O	0	5	0	0	1	0	0	0	6
	A	0	1	7	0	2	0	0	0	10
	B	0	0	6	8	3	0	0	0	17
	C	0	0	4	12	18	0	0	0	34
	D	0	0	0	4	14	4	2	0	24
	E	0	0	0	0	3	8	3	4	18
	F	0	0	0	0	1	2	1	1	5
	G	0	0	0	0	0	0	2	1	4
	H	0	0	0	0	0	0	0	0	0
Total	0	6	17	24	42	14	8	6	1	118
Symmetry (asymptotic)								X ² 34.25	df 13	P-value 0.0011

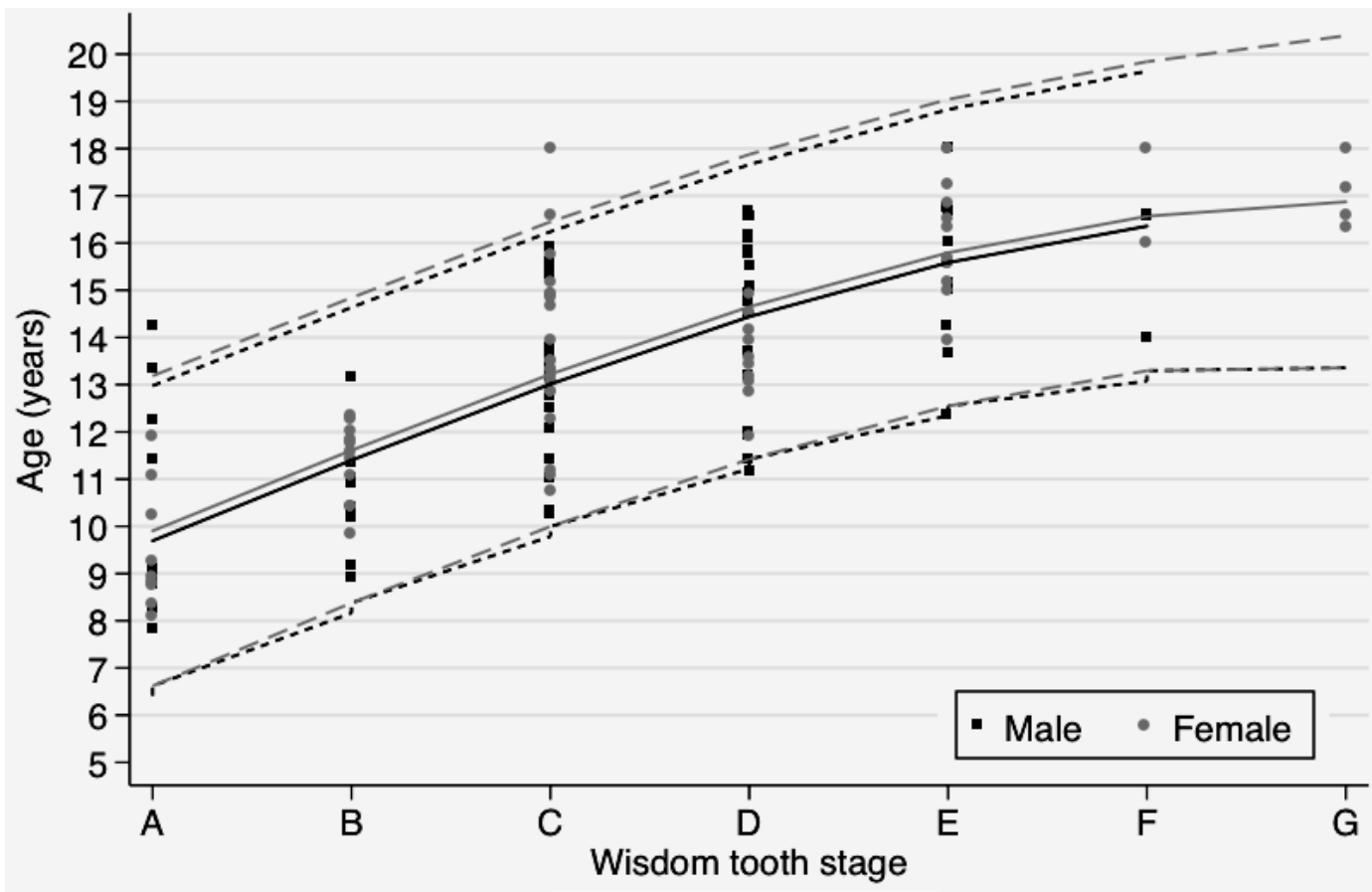


Fig. 2. Prediction of chronological age from mandibular third molar stage

that recognition of earlier stages (A-D) in an individual indicate that person is <20 years old. While the presence of stage F indicates it is highly likely the individual is over 14, and if stage H has been reached then it is almost certain that the person is >16 (Arany *et al.*, 2004).

Prieto *et al.* (2005) used Demirjian's stages to investigate the relationship between chronological age and dental age of the third molars in a Spanish population. They used a sample between the ages of 14 and 21 years of age, and as they at no time observed a stage lower than C, it may be assumed that observation of stage A or B would indicate an individual is <14 years in this population. They also investigated the probability of an individual being > or < 18 years based on third molar development. Stage D-E indicated a high probability a person was <18, stage F indicated it is likely the individual is <18, stage G was about 50/50, and stage H indicated a high probability the individual was ≤ 18 (Prieto *et al.*, 2005).

Orhan *et al.* (2007) used Demirjian's classifications to determine the relationship between developmental stages of third molars and chronologic age in a Turkish population sample for the purpose of age estimation. The relationship between third molar development and sex, age and location was also investigated. They found

no statistically significant difference between left and right third molars but they did find that maxillary third molar development was commonly more advanced than mandibular third molar development, which is consistent with the findings from Gunst *et al.* (2003). Males showed advanced third molar development compared to females which is also consistent with other studies (Gunst *et al.*, 2003; Arany *et al.*, 2004; Prieto *et al.*, 2005). In accordance with the above-mentioned study (Prieto *et al.*, 2005) this study found that stage D-E indicated an individual was <18, and stage H indicated an individual was >18.

Knell *et al.* (2009) used only lower wisdom teeth to determine chronological age and found there was an 85% agreement on stages between left and right sides of the jaw. Of the 15% that were not the same on both sides of the jaw, the majority differed only by one stage. However, it was found that stage H was attained at ages less than 18 in some cases, so the above statement that attainment of stage H indicates the individual is over 18 may not hold true for all situations in all populations.

Third molar development has also been used to estimate chronological age in a Portuguese population (Caldas *et al.*, 2010). In this study the probability of an individual being at least 16 years was investigated. It

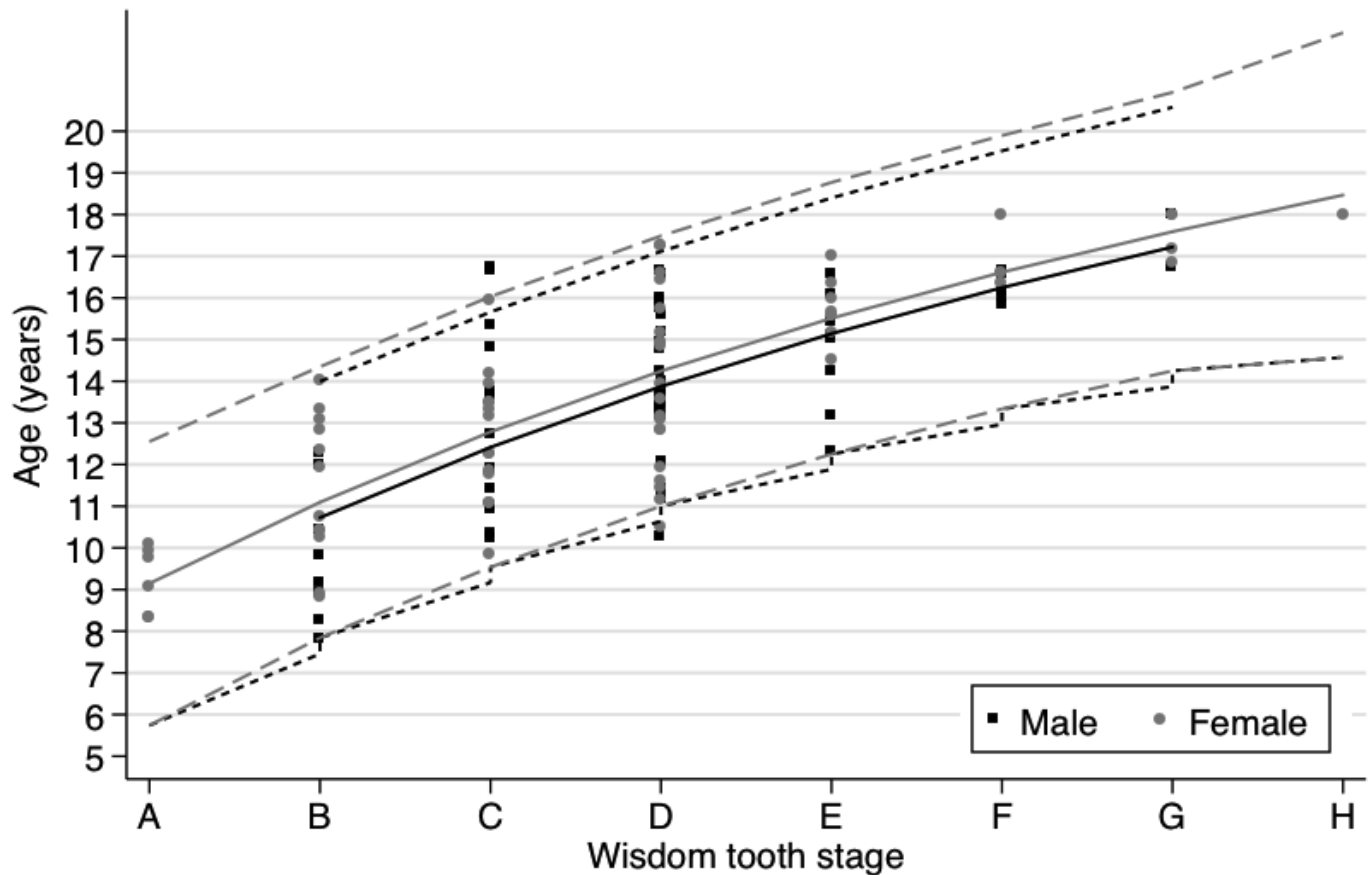


Fig. 3. Prediction of chronological age from maxillary third molar stage.

was found that while sexual dimorphism was not always present for every stage of third molar development; overall, third molar formation occurred earlier in boys, which is in agreement with Gunst *et al.* (2003). It was suggested that presence of stage D was perhaps the earliest indicator of an individual being over 16 years of age.

As has been discussed already, after the age of around 14 it becomes increasingly more difficult to determine age as there are fewer teeth undergoing development. There is some controversy in the literature about whether we should be using third molars for age estimation in this age group or whether we should be using skeletal development of the hands and wrists (Demisch and Wartmann, 1956; Engström *et al.*, 1983). A linear relationship between chronological age, skeletal development and third molar formation has been observed (Demisch and Wartmann, 1956). While the correlation between chronological age and third molar development and the correlation between chronological age and skeletal development are comparable (Engström *et al.*, 1983); third molars have the advantage of developing for longer and may be the only developmental marker available in late adolescence

(Mesotten *et al.*, 2002).

It appears that the New Zealand population does not differ significantly in third molar development compared with other populations, as similar trends were found in this study as in other studies on different populations. A slight sexual dimorphism was found with males tending to develop earlier than females, probably because of post-pubertal development of this tooth. This trend was also documented in previous studies (Gunst *et al.*, 2003; Caldas *et al.*, 2010; Orhan *et al.*, 2007; Arany *et al.*, 2004; Prieto *et al.*, 2005; Harris, 2007; Sisman *et al.*, 2007). Additionally, Gunst *et al.* (2003) reported earlier development in maxillary, compared to mandibular third molars, which is mirrored in the present study. It has been quoted in the literature that the presence of stage F is indicative of an individual being over the age of 14 (Arany *et al.*, 2004). This trend can also be observed in our New Zealand sample. However, in our sample some individuals who were 18 presented with stage E or lower, which was not found in some other literature (Prieto *et al.*, 2005). Attainment of stage H indicating an individual is over the age of 18 was found in the present study and in others (Prieto *et al.*, 2005; Orhan *et al.*, 2007; Knell *et al.*,

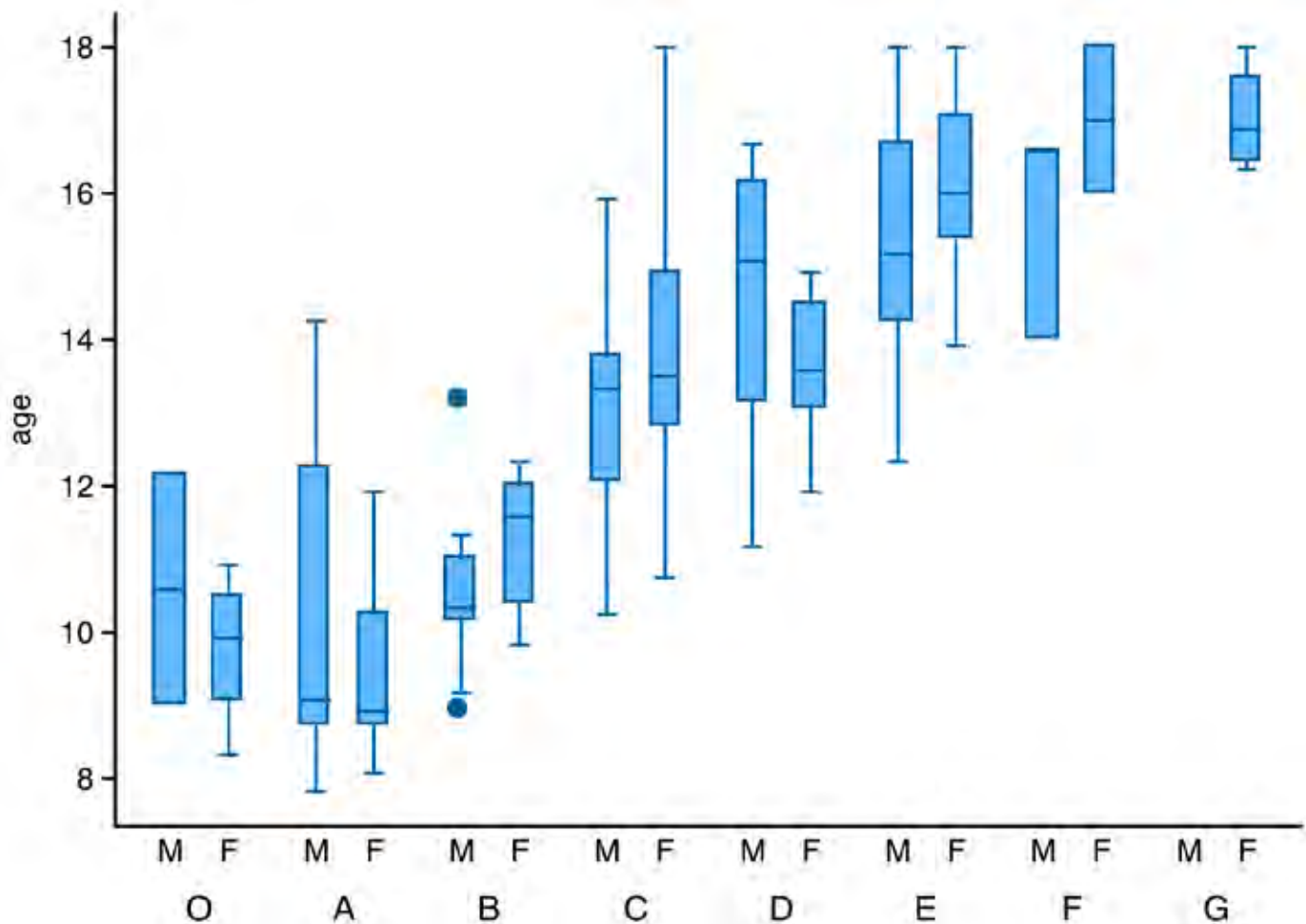


Fig. 4. Prediction of chronological age from mandibular third molar stage

2009).

The principal aim of our study was to evaluate the usefulness of the Demirjian method when applied to third molar development in a sample of New Zealand children. Although we have previously studied dental maturation and cervical vertebral development in three different ethnic groups from New Zealand (European, Maori and Pacific Island, TeMoananui *et al.*, 2008a,b), the present investigation focused on an older age group and made no attempt at recording ancestry. Our focus was on adolescence, a time of major hormonal, growth and secondary sexual changes (Bogin, 2001), rather than on ethnicity. We conclude that while chronological age can indeed be estimated from third molar development, the age range can be relatively broad for given developmental stages.

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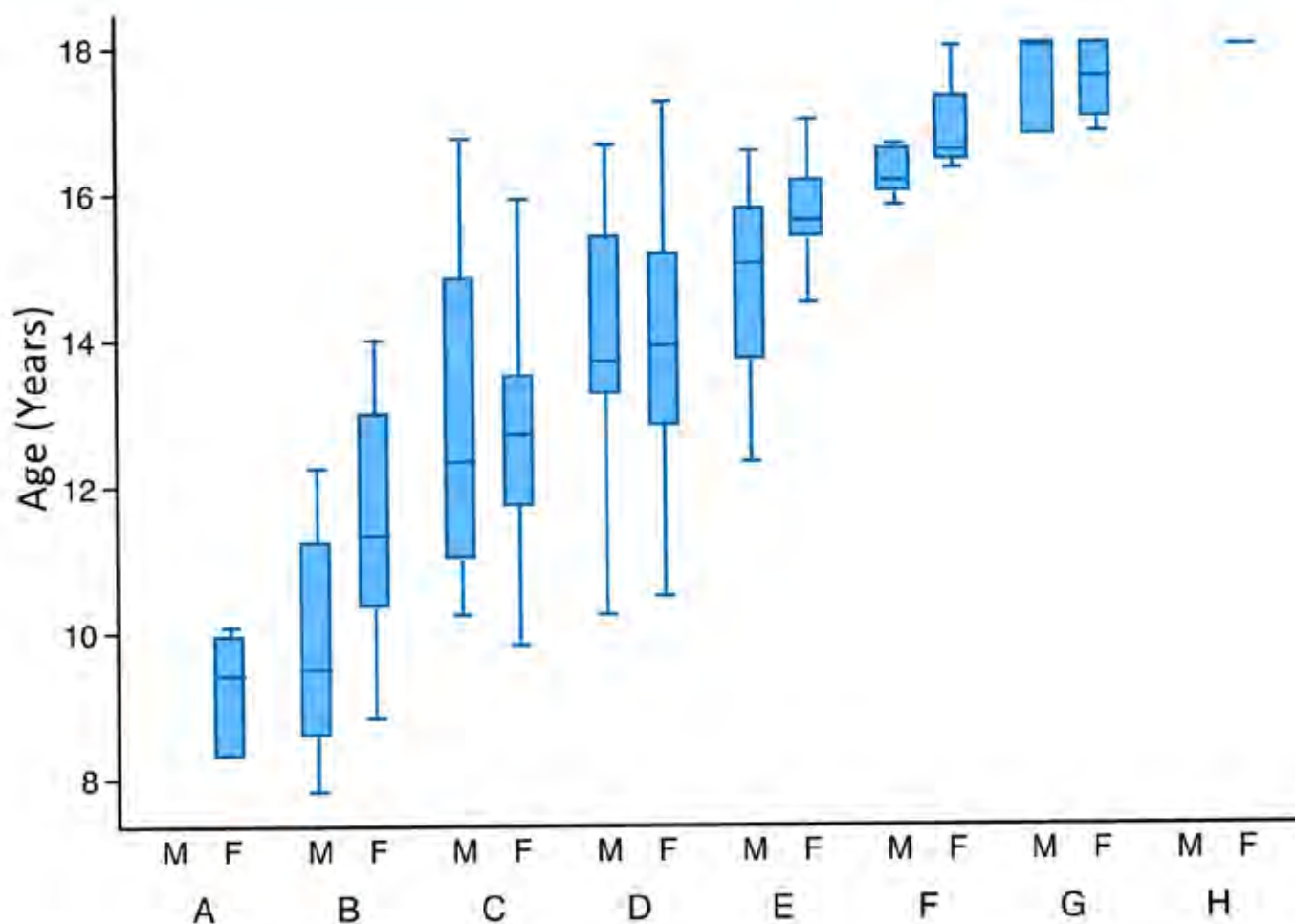


Fig. 5. Prediction of chronological age from maxillary third molar stage

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